

**Physical Education (K-12)
Johnson C. Smith University**

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title	Course Offerings
A	Foundations, Principals, & Practices of Physical Education	PED 230	Foundations of Physical Education & Sport Management	
B	Kinesiology, Fundamental Motor Skills & Movement Forms	PED 232	Psychomotor Development	
		PED 332	Kinesiology and Biomechanics	
C	Anatomy or Physiology	BIO 240*	Human Anatomy and Physiology I*	
		BIO 245*	Human Anatomy and Physiology II*	
		PED 432	Exercise Physiology, Nutrition and Human Performance	
D	Fitness, Nutrition, & Obesity Prevention	HED 121	Personal Health	
		HED 231	Health and Nutrition	
		PED 136	Physical Fitness and Wellness	
E	Sports, Physical & Leisure Activities	PED 121	Outdoor Pursuits	
		PED 124	Team Sports	
		PED 127	Recreational Games	

Posted: 10/4/2018

Revised: Fall 2018

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand

e=even years, o=odd years, ^=online

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.jcsu.edu/>.